



“HERITAGE LATVIA” TOUR GUIDELINES

To guarantee a safe, successful and incident-free educational tour, tour participants must pledge to adhere to the following rules and guidelines. We ask the participant and his/her parents to sign this form, confirming their understanding of, and promise to follow, these guidelines.

We, _____, and
(the participant)

_____,
(participant's parents)

have read and agree that the participant pledges to follow the guidelines as set forth by ALA:

As a participant in the “Heritage Latvia” educational tour:

- (1) I will adhere to the established tour schedule by being on time to all activities and meetings, and by participating in all activities.
- (2) I will **without exception** follow these guidelines as well as all instructions from the group leaders and chaperones.
- (3) I will be polite to everyone, including my group leaders, chaperones, and fellow group members.
- (4) I will treat my fellow group members, group leaders and each and every person encountered on the trip with respect. Disrespectful behavior, such as bullying, will not be tolerated.
- (5) In accordance with existing laws in the United States and Latvia, I will not use alcohol, tobacco or any controlled substances.
- (6) To ensure my own safety and the safety of the group:
 - a) I **will not** leave the group without permission, and
 - b) I **will not** leave my hotel room after curfew.
- (7) I understand that **not following these rules and guidelines may result in me being sent home early, at my family's expense.**